

GIS REVIEW

The latest Gulf international school news, views and announcements



Welcoming Ramadan

Alhamdulillah, Allah (SWT) has blessed us to witness and reach another Ramadan. The Prophet (PBUH) has called this month – a blessed month (شهر مبارك) and a great month.

Ramadan is about being humble, modest, and abstaining not only from food, but from extravagance, over-consuming, or wasting food, money or resources.

The GIS Family wish you a blessed Ramadan. May you and your family be blessed with the bounty of Almighty Allah always.

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COVID-19 Vaccination



It's time to vaccinate. We must all do our part to stop the spread of COVID-19. This includes not only simple precautions such as washing our hands regularly and wearing masks; it also means to register for your vaccinations. Beginning Shawwal all sports centers and gyms must vaccinate their employees or show that they have had a negative Covid test. The Ministry of Health (MOH) will make it mandatory for all workers in restaurants, cafes, and food outlets to be vaccinated. In addition, workers in barbershops and women's beauty salons will all be required to be vaccinated.

Do your share and show you care: register to be vaccinated!

<https://covid19awareness.sa/>

Exam Anxiety

What is anxiety?

Anxiety is a normal reaction also called apprehension, tension, or uneasiness caused due to any perceived threat or anticipation of danger.

If we believe something important to us is being threatened, and we overestimate the threat or underestimate our ability to cope with it, then we'll feel anxious.

Exam anxiety often involves apprehensions of performing at levels below those at which we'd like to perform or even apprehensions of failure. This type of anxiety may be a product of us underestimating our abilities to perform. Conversely; exam anxiety may be a natural reaction to insufficient exam preparation.

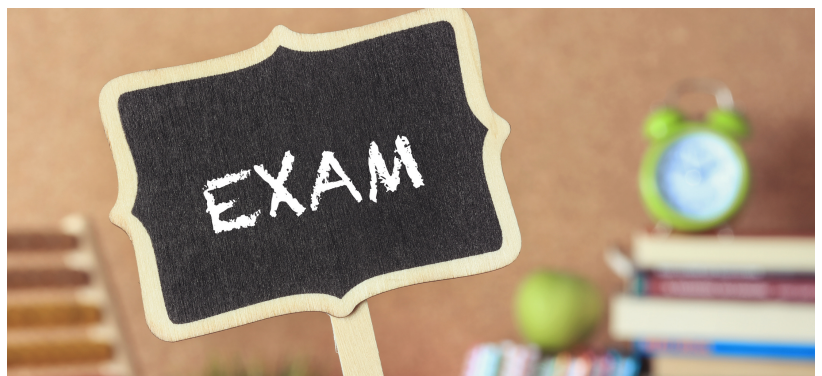
As final exams are coming up soon, the following tips will help students prepare for the final exams and overcome exam anxiety:

While preparing for exams:

- Start revising early.
- Make your own timetable.
- Chart out a plan.
- Allocate time for breaks.
- Sleep well and eat healthy.

During the exam:

- Log in to the device you will use with your ID number, not a sibling's.
- Have your device charged and the charger next to you in case you need it.
- Pay close attention to the dates on your class exam schedules.
- If you have any questions, write them down and ask your teachers. This way you clear any doubts you have.
- Get good rest before your exams.





SENIOR SPOTLIGHT

The mind panics as you mount the stage over the future of your coming age.

What to be? What to do? As life's questions seek to bombard you Till the shackles of a sunless sky Cloud the path on which you always rely. But then you remember what you did achieve And the power of letting go to believe. Crushing the chains of that dark confine To illuminate a road of endless sunshine And feel the diploma placed in your hand. Dropping all worries like pennies in the sand With a trust that things will be all right, Like holding someone close on a starry night. So that as your senior year comes to a close you will always AlwaysEmbrace tomorrow.

By Tyler J. Huggins

While students of all ages have faced social and learning challenges as a result of COVID-19 school closures, the situation is particularly poignant for high school seniors who are missing out on their graduation ceremony and other milestones as they prepare to head into an uncertain future.

We wish them a happy farewell and would like to present some of their thoughts they shared with us:

Fai Mohammed

Seniors for me is motivation, as we experience independence and responsibility. When I look back at school in the later year I will always remember my childhood as I grew up and learnt my first word. My advice to the incoming juniors is to stay focused on academics but also embrace opportunities you have to make the most of your last year.

Farah Jamil Hussein Sbitan

“Treat a person how you want to be treated yourself and spread positivity in the place we are in” is the best advice I ever received. When I look back at my school years I will always remember my classmates, teachers and all the amazing moments with them.

Waed Ayman

This is one of the most important years of your school life which sums up all your hard work and creates a path for future. The best advice I received was not to stress and go with the flow. It will be an emotional year as you prepare for college and begin to say goodbye to your school, teachers and friends, but it's going to be fun!

Basma Azuver

“Always be positive no matter how hard the situation is” Is the best advice I ever received which helped me to stay focused and work hard and brought in the maturity to handle problem and strive further. I believe the school is not the building itself it is the people who make it a memorable place. The wonderful memories which I made with my friends and my teachers will always remain with me

Taima Abdulrahman Mashidi

“Love what you do, do what you love.” A message to all my fellow students; cherish your memories with your friends, teachers and school. Trust the process as it comprises of honesty, loyalty and dependability which is key to successful life.

Joud Sulaiman

I believe “never give up and try to do better” which helps me to reach my goals and lets no obstacle slow me down. Due to pandemic, it was quite challenging and an unforgettable experience, however the inspiration helped me to work harder.

It's important for students to realize that growth doesn't stop or begin within the campus walls.

After-School Activities Grade 1-7



After-school activities have ended for this academic school year.

We would like to take this time to show our appreciation to the teachers who taught these activities. A special thanks and appreciation goes out to all the wonderful students who participated in the activities and made them a success.

Parent-Teacher Conferences

On March 13, grades 1-7 and on March 20 grades 8-12 held the Mid-Semester Parent-Teacher Conferences. These conferences were held virtually and the turn-out was encouraging. Most parents came to ask how their child was progressing and to connect with the teacher. Others came to voice their appreciation to the teachers and administration for the efforts they have taken in this academic school year. We want to say thank you to all of the parents who took the time to make and come to the virtual Parent-Teacher Conference.



Parent and School Administration Meetings

Parents were asked to schedule meetings with any or all of the School's Administration through Calendly for last Thursday, March 25th. Due to the low number of appointments scheduled, the administration are led to believe that our school community is pleased with the direction of the school.

We continue to hope that we will have more parental involvement with the school and our operations and planning. Please, join our Parents' Advisory Committee next year. We would love to have you.





Plagiarism and the Legal Ramifications

Many of us, including the author of this article; do not know what plagiarism is. Nor do we understand the legality of using what someone else writes. Some synonyms for plagiarism include copying, theft, stealing...

How can I know that I am stealing or plagiarizing another person? Well, according to Bowden College (Bowden College, 2021) there are four types of plagiarism.

1. Direct plagiarism is when you write someone else's words verbatim or exactly how they have written or said them without giving credit to the person who wrote or said the words.
2. Self-plagiarism is when you use your work or the work of others that you were part of a team without giving credit to yourself or the other person.
3. Mosaic plagiarism is directly quoting a person and neither giving them correct acknowledgment in what you are writing or what you footnote at the end of the article.
4. Accidental plagiarism means pretty much what it says; the person writing isn't aware that they are quoting or using another person's words or does forget to credit the other person(s) words.

Finally, think about this: Your teacher has given the class an assignment and your friend asks for your help. Instead of using your suggestions and advice he/she writes exactly what you have written and turns it into the teacher. How would you feel? Is your friend cheating? Has your friend plagiarized your work? Will the teacher accuse you both of cheating?

Remember it is unethical and it is actually against the law to plagiarize.

Bowden College, Office of the Dean of Students, "What is Plagiarism?" retrieved March 25, 2021, from <https://www.bowdoin.edu/dean-of-students/judicial-board/academic-honesty-and-plagiarism/common-types-of-plagiarism.html>

End of Academic Year

As the end of academic year 2020-21 approaches, GIS would like take a minute to appreciate our students who have risen to the challenge of on-line learning. Our students have been a source of optimism, and inspiration to their teachers and to each other.

GIS thanks our parents for assisting their children and helping them through this time. Our parents have been vocal regarding the needs of our families and have shared our commitment for success for all.

Thank you for this support Finally, thanks and appreciation goes to our teachers whom without none of our successes would be possible. We wish three things for our students as the academic year draws to an end: 1) Success on their final exams, 2) a safe, fun summer, and 3) a blessed Ramadan.

